

Kothari International School

Grade K1

Fireless Cooking

The K1 students of Kothari International School had a fruit chaat party in their flameless cooking class on September 11th, 2020. The children as always were very excited to learn to make a new healthy dish independently.

They peeled and cut the banana into small pieces themselves and mixed it with the other seasonal fruits of their choice like apple, pear, papaya etc. and added salt and seasoning to it. Later they had it with fresh juice and also spoke about the taste and importance of healthy food in their daily diet.

