KOTHARI INTERNATIONAL SCHOOL, NOIDA

Grade 9

Assembly Report

"Life is way to short to spend another day with war with yourself"

In today's world we are constantly being judged on the way we look. There is too much pressure to be slim and beautiful. Any flaw in your look and body is harshly pointed and ridiculed.

Grade 9(A, C, E) got together on 19th December 2020 to celebrate every **perfect imperfection** and every **beautiful flawless flaw** through a celebration of positive body imaging.

The assembly started with seeking the blessing of the God. Students talked about positive body image. A rap sung and written by the students was highly appreciated. The beautiful dance and guitar were also liked by all. A movie review of the film "DUFF" talked about being happy in your own skin.

The assembly reinserted the fact that we all are beautiful in our own unique way.

